



# St. Dorothy

## ROMAN CATHOLIC SCHOOL

Spiritual, Academic, Moral Preparation for the 21st Century

### Principal's Newsletter

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February 23, 2017

Dear Families,



The Liturgical Season of Lent begins Wednesday, March 1. Lent is a forty day observance of prayer, fasting, and almsgiving in preparation for the Easter Triduum: Holy Thursday, Good Friday, and Easter Sunday. This year Lent is later than it has been because Easter, April 16, is later. Mardi Gras or Donut Day is celebrated on Tuesday, February 28. Mardi Gras is a day of celebration prior to the fasting of the Lenten Season.

This year, why not celebrate Mardi Gras as a family and then enter into the season of Lent with the attitude that each member is going to do something or refrain from something to make a good Lent. In school we are going to be focusing on doing good. Mrs. Quigley, our art teacher, made a vine which she hung outside the school office. Whenever a student performs a good deed, he/she will write it on a paper leaf and attach the leaf to the vine.

#### Student Mass Schedule

During Lent students in grades 3-8 attend the 8:00 a.m. Mass one day a week. The days on which the grades go are:

Monday	Grade 3
Tuesday	Grades 6 & 7
Wednesday	Grade 5
Thursday	Grades 4 & 8

#### Lenten Fast and Abstinence Requirements

**Catholics between the ages of 18 and 59 are obliged to fast on Ash Wednesday and Good Friday. In addition, all Catholics 14 years and older must abstain from meat on Ash Wednesday, Good Friday and all the Fridays of Lent.**

#### Continuous Improvement Survey

The Archdiocese of Philadelphia has initiated a Continuous Improvement Survey for school families. I sent 2 e-mails about completing the survey, which closes Friday, March 3. If you have not completed it yet, please do so as soon as possible. The link to the survey is :<https://www.research.net/r/aops-pf>



### Be Good to Your Heart Day

Tomorrow, Mrs. Monique Dowd will again present her lessons on the importance of a healthy diet and exercise. All students in grades K-8 will learn about nutritious foods and foods to avoid. The students will also be able to sample fruits and vegetables during their lunch times. We appreciate Mrs. Dowd's time and expertise in helping to keep our children healthy.

Students may wear an item of red or pink over their uniform. If they have gym class, they may wear a red or pink shirt with their gym pants.

### Blue Rocks Visit

Today, we had a special visitor at St. Dorothy's! Rocky the Moose from the Wilmington Blue Rocks Minor League Baseball Team visited our kindergarteners, first, second, and third graders to kick off "Rocky's Reading Challenge". Rocky read *If You Give a Moose a Muffin* and *Katie at Bat* to the students and showed them just how much fun reading can be!

Rocky the Moose is challenging every student in our school to read 10 books! To encourage reading among the whole school, Rocky brought special bookmarks for every student. Each student who completes a bookmark and has it signed by a parent will receive TWO FREE GAME TICKETS! Books can be recently read or new ones. Bookmarks are due to the homeroom teacher by March 31<sup>st</sup>. Thank you to Mrs. Andrea Taggart for arranging for this visit.



### Prayer Corner

Please continue your prayers for Karen Stevenson, Lorraine Schuler, and the Criswell family.

The following families will be remembered in our prayers next week:

- 2/27 Mowrer, Mulholland, Murray
- 2/28 Naab, Nayyer, Ngo
- 3/1 Odeyemi, O'Gara, Oliver
- 3/2 O'Mara, O'Reilly, Ortlieb
- 3/3 Pagliaro, Paoletti, Peleckis

### A LOOK AT THE DAYS AHEAD

- 3/1 Ash Wednesday – 9:00 Mass
- 3/3 9:00 – First Friday liturgy
- 3/10 2<sup>nd</sup> Trimester ends  
1:15 Stations of the Cross
- 3/13 3<sup>rd</sup> Trimester begins
- 3/14 Safe Environment lessons
- 3/15 Archdiocesan Choral Festival
- 3/17 In-View testing – Terra Nova  
Grs. 3-8  
Report Cards  
1:15 Stations of the Cross
- 3/20-3/24 Terra Nova testing  
Grs. 3-8
- 3/24 1:15 – Confession  
Grs. 2-8
- 3/28 Noon Dismissal  
Teacher Inservice  
No CARES
- 3/31 1:15 Stations of the Cross